

Helpers & Heroes

Rhymes
&
Resources

Compiled by
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&
Sue Eilers



What Will You Be?

(McKinnon/ *Busy Bees Summer*)
Tune: "The Wheels on the Bus"

What will you be when you grow up,
You grow up, you grow up?
What will you be when you grow up,
When you're older?

Jacob's going to be a firefighter,
Firefighter, firefighter.
Jacob's going to be a firefighter
When he's older.

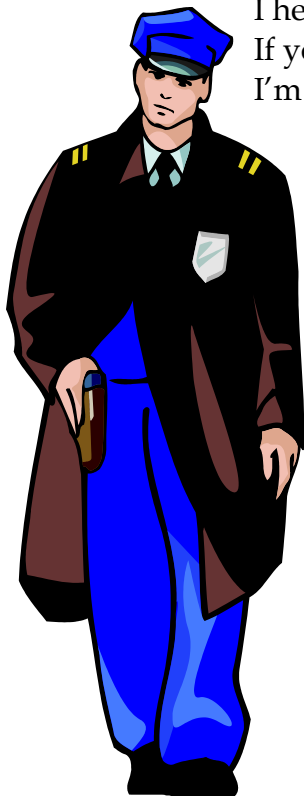
*Sing the song for each child substituting the
child's name and what he/she wants to be.*



I'm A Police Officer

(Stetson/ *Little Hands Fingerplays & Action Songs*)
Tune: "I'm a Little Teapot"

I'm a police officer, with my star. [point to "star" on chest]
I help people near and far, [point near, then far away]
If you have a problem, call on me, [point to self with thumb]
I'm your friend, as you can see. [point to another child]



Busy Police Officers

(Sue Eilers)
Tune: "Five Little Ducks"

One police officer out for a walk,
Protecting children in the park,
Needed help, called for backup fast!
Now everyone is safe at last.

Two police officers out for a walk,
Protecting children in the park,
Needed help, called for backup fast!
Now everyone is safe at last.

Keep counting up.

Five Little Firemen

(Ring A Ring O'Roses)

Five little firemen sit very still *[bend fingers down one at a time]*
Until they see a fire on the hill.
Number one rings the bell, ding-dong! *[pretend to pull bell rope]*
Number two pulls his big boots on. *[put boots on]*
Number three jumps on the fire engine red, *[jump]*
Number four puts a hat on his head. *[put hat on head]*
Number five drives the truck to the fire, *[driving actions]*
As the big, yellow flames go higher and higher. *[spread arms]*
"Whooooo-oooo! Whooooo-oooo!" hear the fire truck say.
As all of the cars get out of the way.
Shhhhh! Goes the water from the fire hose spout, *[rub palms together]*
And quicker than a wink the fire is out! *[clap hands]*



Some People I See

(Stetson/ Little Hands Fingerplays & Action Songs)

Some people bring the milk and eggs,
And fruits and veggies, too.
Some people work in stores and shops,
Selling things to you.
Some people bring the letters,
And then take more mail away.
Some people stop the traffic,
To help me on my way.
Some people move the furniture,
And pack it in a van.
Some people take the garbage,
And empty every can!

Use with a flannel board or make actions for each person.

Watch Them Work

(Mary Marshall)

Tune: "My Bonnie Lies Over the Ocean"

The Firemen use a fire engine.

I watch firemen fighting fires.

The Firemen use a fire engine.

Oh come watch the firemen work!

Fighting fires, fighting fires, oh come watch the firemen work.

Fighting fires, fighting fires, oh come watch the firemen work.

The garbage men use a big trash truck.

I watch garbage men smashing trash.

The garbage men use a big trash truck.

Oh come watch the garbage men work!

Smashing trash, smashing trash, oh come watch the garbage men work.

Smashing trash, smashing trash, oh come watch the garbage men work.

The officers use a police car.

I watch as they zoom by my house.

The officers use a police car.

Oh come watch the officers work!

Protecting us, protecting us, oh watch the officers work.

Protecting us, protecting us, oh watch the officers work.

Community Helpers in Our Town

(Traditional, adapted)

Tune: "The Farmer in the Dell"

The fireman is so brave,

The fireman is so brave,

Heigh-ho, What do you know?

The fireman is so brave.

Additional verses:

The policeman watches our town...

The baker bakes our bread...

The doctor keeps us healthy...

*Use with finger puppets
or flannel board.*



Which Community Worker Am I?

(Franco/ 201 Thematic Riddle Poems)

Fire! Fire!

9-1-1

I fight the blaze until it's done.

Who am I? _____ [firefighter]

I get up early

Just to bake

Your cookies, rolls

And bread and cake.

Who am I? _____ [baker]

Stitches and itches,

Slips and falls,

Colds and flu,

I fix them all.

Who am I? _____ [doctor]

I'm there for you

Both night and day

So you are safe

At school and play.

Who am I? _____ [policeman]

Use with community helper finger puppets or flannel board.

Recite riddles and let children "pick" the correct finger puppet community helper or hide behind back and bring out when they have guessed.



Firefighter Song

(Best of Mailbox Songs, Poems, and Fingerplays)

Tune: "I'm a Little Teapot"

I'm a little firefighter on the go.

[move arms in running motion]

Here is my helmet [point to head]

Here is my hose. [hold an imaginary hose]

When I see a fire, [look, holding hand over eyes]

Hear me shout! [cup hands around mouth]

Turn on the water [hold imaginary hose]

And put the fire out — Shhhhhhhh!

[pretend to spray a fire with hose]

People in Your Neighborhood

(adapted from Sesame Street's *People in Your Neighborhood*)

Refrain: Oh, who are the people in your neighborhood?

In your neighborhood?

In your neighborhood?

Say, who are the people in your neighborhood?

The people that you meet each day.

Oh, a fireman is brave it's said.

His engine is a shiny red.

If there's a fire anywhere about,

Well, he'll be sure to put it out.

'Cause a fireman is a person in your neighborhood,

In your neighborhood,

He's in your neighborhood.

The baker is the one who makes

Your bread and rolls and pies and cakes.

If you want something sweet to eat,

Go see the baker for a treat.

'Cause a baker is a person in your neighborhood,

In your neighborhood,

He's in your neighborhood.

The doctor makes you well real quick,

If by chance you're feeling sick.

She works and works the whole day long

To help you feel well and strong.

'Cause a doctor is a person in your neighborhood,

In your neighborhood,

She's in your neighborhood.

The police officer's true blue.

He always watches over you.

If there is a burglar about,

Well, he'll be sure to find him out.

'Cause a fireman is a person

In your neighborhood,

In your neighborhood,

He's in your neighborhood.



Selected Books on Community Helpers

- Bond, Felicia. *Poinsettia and the Firefighters*. New York: HarperCollins, 2003.
- Carter, Don. *Send It*. Brookfield, CT: Roaring Brook, 2003.
- Charlip, Remy and Burton Supree. *Mother Mother I Feel Sick, Send for the Doctor, Quick Quick Quick*. Berkeley: Tricycle Press, 2001.
- Cousins, Lucy. *Doctor Maisy*. Cambridge, MA: Candlewick, 2001.
- Cousins, Lucy. *Maisy Drives the Bus*. Cambridge, MA: Candlewick, 2000.
- Deedy, Carmen Agra. *The Library Dragon*. Atlanta : Peachtree, c1994.
- Ernst, Lisa Campbell. *Stella Louella's Runaway Book*. New York: Aladdin, 2001.
- Finchler, Judy. *Miss Malarkey Doesn't Live in Room Ten*. New York: Walker, 1995.
- Gibbons, Gail. *Fire! Fire!* New York: HarperCollins, c1984.
- Grossman, Patricia. *The Night Ones*. San Diego: Harcourt Brace, 1991.
- Henkes, Kevin. *Lilly's Purple Plastic Purse*. New York: Greenwillow, 1996.
- Kirk, Daniel. *Trash Trucks*. New York: Putnam, 1997.
- Krensky, Stephen. *My Teacher's Secret Life*. New York: Simon & Schuster, 1996.
- Lenski, Lois. *Policeman Small*. New York: Random House, 2001.
- Masurel, Claire. *Too Big*. San Francisco: Chronicle, 1999.
- McMullan, Kate. *I Stink!* New York: Cotler, 2002.
- McPhail, David. *Pig Pig Gets a Job*. New York: Dutton, 1990.
- Oxenbury, Helen. *The Checkup*. New York: Puffin, 1994.
- Pinkwater, Daniel. *Aunt Lulu*. New York: Macmillan, 1988.
- Rockwell, Anne. *At the Firehouse*. New York: HarperCollins, 2003.
- Rockwell, Anne. *Fire Engines*. New York : Dutton, c1986.
- Root, Barry. *Gumbrella*. New York: Putnam, 2002.
- Rosenberry, Vera. *Vera Goes to the Dentist*. New York: Holt, 2002.
- Sis, Peter. *Fire Truck*. New York: Greenwillow, 1998.
- Stadler, Alexander. *Beverly Billingsly Borrows a Book*. San Diego: Silver Whistle, 2002.
- Thaler, Mike. *The Librarian From the Black Lagoon*. New York: Scholastic, 1997.
- Wells, Rosemary. *Felix Feels Better*. Cambridge, MA: Candlewick, 2001.
- Zimmerman, Andrea. *Fire! Fire! Hurry! Hurry!* New York: Greenwillow, 2003.
- Zimmerman, Andrea. *Trashy Town*. New York: HarperCollins, 1999.

Puppets, Puzzles, & Music

- Chef Puppet
- Doctor Puppet
- Emergency Peg Puzzle (8 pieces)
- Firefighter Puppet
- Fire Truck Puzzle (9 pieces)
- Jump-Start Action Songs CD (Ronno)
- Nurse Puppet
- Platinum CD (Sesame Street)
- Police Officer Puppet
- Postal Worker Puppet



Teacher Resources

1001 Rhymes and Fingerplays for Working with Young Children.

Everett, WA: Warren, 1994.

A to Z Kids Stuff. www.atozkidsstuff.com.

Best of the Mailbox Songs, Poems, and Fingerplays.

Greensboro, NC: Education Center, n.d.

Briggs, Diane. *101 Fingerplays, Stories and Songs to Use with Finger Puppets.*

Chicago: ALA, 1999.

Charner, Kathy. *The Giant Encyclopedia of Circle Time and Group Activities for Children 3 to 6.*

Beltsville, MD: Gryphon House, 1996.

Charner, Kathy. *The Giant Encyclopedia of Theme Activities for Children 2 to 5.*

Mt. Rainier, MD: Gryphon House, 1993.

Cooper, Kay. *Too Many Rabbits and Other Fingerplays about Animals, Nature, Weather, and the Universe.*

New York: Scholastic, 1995.

Forte, Imogene. *[Month] Patterns, Projects & Plans Series [by Month].*

Nashville, TN: Incentive, 1990.

Franco, Betsy. *201 Thematic Riddle Poems to Build Literacy.* New York: Scholastic, 2000.

Lohnes, Marilyn. *Finger Folk.* Fort Atkinson, WI: Alleyside, 1999.

MacDonald, Sharon. *All About Community Helpers :*

A Complete Resource For Preschool, Kindergarten, and First Grade Teachers .

Torrance, CA : Fearon Teacher Aids, c1998.

The Mailbox [magazine]

McKinnon, Elizabeth. *Busy Bees Fall.*

Everett, WA: Warren, 1994 [also, Spring, Summer, Winter].

Patti's Preschool Resources. www.geocities.com/soogal99/index.html.

Phelps, Joan Hilyer. *Finger Tales.* Fort Atkinson, WI: Upstart, 2002.

Raines, Shirley and Robert Canady. *Story S-T-R-E-T-C-H-E-R-S.*

Beltsville, MD: Gryphon House, 1989.

Ring A Ring O'Roses. 10th ed. Flint, MI: Flint Public Library, 1996.

Schiller, Pam and Thomas Moore. *Where Is Thumbkin?*

Mt. Rainier, MD: Gryphon House, 1993.

Silberg, Jackie. *300 Three Minute Games.* Beltsville, MD: Gryphon House, 1997.

Stetson, Emily and Vicky Congdon. *Little Hands Fingerplays & Action Songs.*

Charlotte, VT: Williamson, 2001.

Totten, Kathryn. *Seasonal Storytime Crafts.* Fort Atkinson, WI: Upstart, 2002.

Warren, Jean. *Animal Piggyback Songs.* Everett, WA: Warren, 1990.

Warren, Jean. *The Best of Totline.* Torrance, CA: Totline, 1995.

Warren, Jean. *More Piggyback Songs.* Everett, WA: Warren, 1995.

Story Totes

Animals for All Seasons [seasons & different animals]

"B" Is for Building [building & construction machines]

Beautiful Babies [big brothers, big sisters, & new babies]

Billions of Bugs [all kinds of insects]

Birthday Bonanza [celebrating birthdays]

Bunches of Bears [teddy bears & real bears]

Cool Cats & Cuddly Kittens [cats & kittens]

Dazzling Dinosaurs [dinosaurs]

Fabulous Food [food and eating]

Fascinating Families [all types of families & their members]

Fun on the Farm [farms & farm animals]

Helpers & Heroes [community helpers]

Monster Mania [monsters]

Pooches by the Pound [dogs & puppies]

Preschoolers Pretend [imagination & play]

Rainbows & Stars [colors & shapes]

Sensational Seasons [the four seasons]

Sing a Song of Sixpence [music & rhyme]

Spectacular Sea Stories [ocean & sea creatures]

Trips Around Town [places to visit]

Wacky Weather [all types of weather]

Wonderful World of Wheels [transportation]

Zoo-rific [zoos & zoo animals]

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